

Parish Food Collection

SHOPPING LIST

Not sure what to buy? Here is a shopping list of our most needed items

- CANNED MEATS
- POWDERED MILK
- RICE (5 lb bags)
- CANNED VEGGIES
- CANNED FRUITS
- CEREAL (Hot or cold)
- GRANOLA BARS (Soft)
- SOUPS & STEWS
- CANNED SPAGHETTI
- CANNED PORK & BEAN
- PEANUT BUTTER
- JELLO OR PUDDING
- APPLESAUCE CUPS OR FRUIT CUPS

Bring your food donations next weekend

JULY 22-23



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**OUR MONTHLY PARISH
FOOD COLLECTION IS
NEXT WEEKEND
JULY 22-23**

This project is sponsored by our Parish Catholic Care Project and will serve the needs of our parish Kupuna and families (ohana) who are struggling with food insecurity.

(See our Most Needed Food List on flip side)

Our food bags are distributed the last week of every month when food stamps typically run out.

Your generosity fills the gap for those who are in need.

MAHALO!



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